

COVID-19 UPDATES/TESTING INFORMATION

We hope everyone has been doing well. We wanted to update you on our COVID-19 testing and procedures.

*We have received many requests in recent weeks for COVID-19 tests. If you need to be tested (either due to exposure, symptoms, or travel) we continue to offer drive up tests **BY APPOINTMENT ONLY**. Appointments are available at each of our locations; Dunkirk, Prince Frederick, and Solomons. **TO ARRANGE THIS TEST, YOU MUST FIRST CALL AND SCHEDULE A TELEHEALTH APPOINTMENT WITH YOUR PRIMARY PROVIDER.***

Because of the recent high demand there are occasional limits on our available tests and appointments. If we are unable to arrange your test at a time and place ideal for you, please consider the many sites offered through the State of Maryland and County Health Departments as an additional option. You do not need an order from a physician for most of them, and they are “drive through” sites similar to ours. Some of their sites do not require an appointment (i.e. Six Flags America).

A true exposure is > 15 minutes (either cumulative or continuous) without masks within 6 feet of an infected person. The optimal time to be tested is 5-7 days after exposure or return from travel, otherwise the test may be falsely negative. If you have a rapid test done at our office or Urgent Care, please continue to self-quarantine until the confirmation test results are available (usually 3-5 days later). The rapid test alone is not accurate enough to break quarantine.

You may schedule the telehealth appointment with your PCP by calling our offices at (410) 535-2005, or online by clicking the button below.

[Learn More About Telehealth](#)

Click the button below to be taken to the County-specific websites where you will find COVID-19 testing information.

[Calvert County](#)

[St. Mary's County](#)

[Anne Arundel County](#)

[Click Here](#)

or call
(410) 535-8911

[Click Here](#)

or call
(301) 475-4330

[Click Here](#)

or call
(410) 222-7256

Prince George's County

[Click Here](#)

or call
(301) 883-6627

Charles County

[Click Here](#)

or call
(301) 609-6717

We still have flu shots available; please contact us to arrange this for you.

We hope you find this information helpful. Stay safe, calm and wear a mask.

Have a good holiday season!

Sincerely,

Calvert Internal Medicine Group

