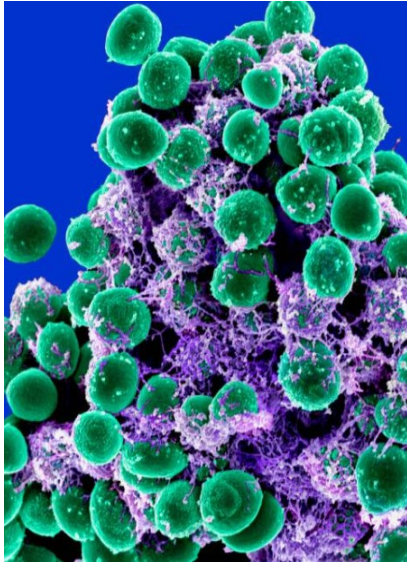


# Prevention Strategies for Patients with Recurrent MRSA and MSSA Skin and Soft-Tissue Infections and for Their Household Members



- Avoid sharing personal hygiene items (e.g. razors, brushes, and towels)
- Apply 2% mupirocin ointment to the anterior nares with a sterile cotton applicator twice a day for 5 days.
- Apply 4% chlorhexidine gluconate solutions with the hands or with a clean washcloth to all body parts, excluding the face, open wounds, and mucous membranes, followed by a thorough rinse with water daily for 5 days.
- DO NOT subsequently use soaps, creams, or lotions while under this treatment. These can inactivate chlorhexidine solution. Use of bleach-containing detergents to wash clothes and linens with residual chlorhexidine will cause staining.

• Source: The New England Journal of Medicine